



Bishop Wordsworth's School

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Dear Parents and Guardians

In school we are increasingly aware of the importance of good mental health to young people growing up today. In order to promote an awareness of mental health issues and an understanding of how to look after mental health, we have organised a peer education project supported by the Mental Health Foundation.

After half-term, Year 7 boys will have a series of five lessons delivered by their Year 12 House Prefects. There will, of course, be a teacher present in the classroom at all times. The older boys have undertaken training in delivering lesson plans provided by the Mental Health Foundation.

We hope that the boys will find these sessions interesting and informative and enjoy being taught by the older boys. Ultimately we hope the course will give them important life skills for the future.

Yours faithfully

Hilary Taylor
Head of Lower School