





DARKES BARN EAST, CONDERTON, NR TEWKESBURY, GLOS, GL20 7PP VAT NO: 839 3276 96







BWS Sports Tour Japan – Provisional Itinerary

Day 1: Tuesday 23 July - In flight

Meet your LWTL representative at London Heathrow Airport three hours prior to departure of your flight to Tokyo. Flight departs London.

Overnight: In Flight

Day 2: Wednesday 24 July - Tokyo

After arriving at Narita or Haneda airport, you will pass through customs and be met by your LWTL representatives and English speaking tour guide. After boarding your coach you will depart on **city tour of Tokyo** with your guide. Highlights of your tour will include:

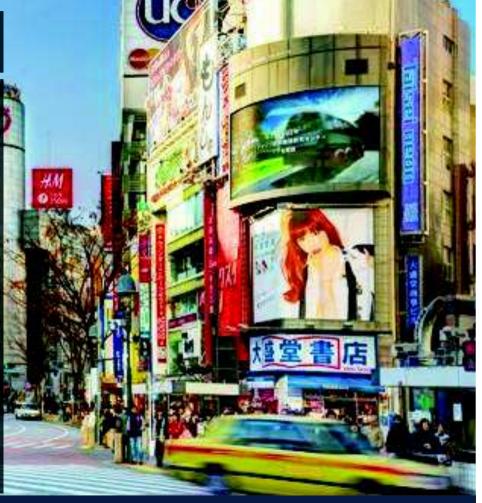
Imperial Palace, Asakusa Kannon Temple, Meiji Jingu & Tokyo Metropolitan Government Building

Check in to your hotel for 5 nights, before departing on a **city tour of Tokyo with your guide** to include Imperial Palace, Asakusa Kannon Temple, Meihi Jingu Shrine & Tokyo Metropolitan Government Building Observatries.

Dinner either served in accommodation.

Your accommodation is well located in Ikebukuro with excellent links to the rest of Tokyo. It's station is the 2nd busiest in the world and as you would expect the local area has everything you need close to hand such as restaurants, malls, shopping and banks.

Overnight: Tokyo Central Youth Hostel (or similar)













Day 3: Thursday 25 July - Tokyo

This morning enjoy breakfast at your accommodation.

AM – Morning **training session** will take place to get used to the testing conditions.

PM – You will have free time to explore the **Odaiba Island**, an artificial island with access to waterfront areas and is a popular shopping and entertainment district in Tokyo Bay with residential and leisure activities available. We recommend Decks Tokyo Beach and Aquacity where the students can be kept busy for hours.

Afterwards, you will transfer to Miraikan, the National Museum of Emerging Science & Innovation!

Miraikan means 'hall of the future', and exhibits here present the science and technology that will (possibly!) shape the years to come. Lots of hands-on displays make this a great place for kids, while a new multilingual smartphone app makes a game out of visiting. Don't miss the demonstrations of humanoid robot ASIMO and the lifelike android Otonaroid.

Return to your accommodation for dinner **Overnight: Tokyo Central Youth Hostel**

Day 4: Friday 26 July - Tokyo

Breakfast.

AM - Enjoy free time to explore the Harajuku area

PM – Lunch own account before departing for your first fixtures of the tour:

MATCH 1 v LOCAL SCHOOL - 2 x RUGBY FIXTURES

After the matches you will enjoy a post match function with your hosts before returning to your accommodation for dinner.

Overnight: Tokyo Central Youth Hostel



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Day 6: Sunday 28 July - Tokyo

Breakfast followed by a morning free exploring the **Shibuya** area of Tokyo. Shibuya is the Tokyo that every visitor expects — the bright lights and crowds of an enormous Japanese city. It's sensory overload and culture shock at their best. Shibuya is a youth-oriented neighborhood. Many locals over 30 avoid the place. Tourists of any age almost always enjoy Shibuya. The area is so impressive that many tourists do little more than wander around taking photos. This is a shame. Shibuya features some of the best dining, shopping and entertainment in the city. **Here you can visit a local Batting Cage which LWTL can pre-book for you, budget JPY300 per 28 balls**. Get your own lunch before departing to your next fixtures of the tour.

MATCH DAY 2 vs LOCAL SCHOOL – 1 RUGBY, FOOTBALL, BASKETBALL Post match pleasantries with your opposition before returning to your accommodation for dinner

Overnight: Tokyo Central Youth Hostel

Day 7: Monday 29 July - Tokyo | Osaka

This morning after breakfast check out of your accommodation. Transfer to **Mount Fuji Fifth Station** – the gateway for climbers who embark on their climb of Japan's largest mountain where you can take in the stunning views. Whilst there entry to **Fuji-Q-Highland** is included.

Fuji-Q Highland was opened in 1996 and currently has over 30 rides and attractions, as well as a dozen delicious restaurants and shops. What sets this park apart from other parks is not only the thrilling rides, but also the location. It is nestled in a valley on the northeast side of Mt. Fuji, offering incredible views for anyone brave enough to ride to the top of the roller coasters. After getting your own lunch transfer to Mishima Station and take the bullet train to Shin Osaka Station. Check in to your new accommodation and enjoy dinner.

Overnight: Shin-Osaka Hostel



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Day 9: Wednesday 31 July - Osaka Breakfast.

AM Training session.

PM Lunch will be served at a local restaurant before departing on an excursion to **Osaka Castle & Museum of History.**

Osaka Castle is a famous landmark and the symbol of Osaka, contains thirteen structures which have been designated as Important Cultural Assets by the Japanese government. Of special note are the grand gates and turrets along the outer moat. The sheer height of the walls and the wide moats they rise above make for a grand sight that can be matched by no other castle in Japan. Also of interest are the tower's eight roof dolphins and the ornamental roof tiles and reliefs carved in the shape of tigers, all of which are gilded with gold. The re-engineered and refurbished Main Tower is illuminated both inside and out, highlighting the castle's brilliance as the symbol of Osaka. Afterwards, cross the road to the Osaka Museum of History chronicling the city's history, beginning in ancient times when Osaka served as Japans first capital. Return to your accommodation for dinner.

Overnight: Shin-Osaka Youth Hostel

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Day 10: Thursday 1 August - Osaka | Hiroshima | Osaka

This morning, you will depart the hotel early on a full day trip to **Hiroshima**. You will travel by coach and return by

Highlights of todays trip will be a return ferry ride to Miyajima to visit the centuries old Itsukushima Shrine with its iconic "floating" tori gate.

Afterwards, you will visit the Atomic Bomb Dome & Peace Memorial Park & Museum.

At 8:15am on 6th August 1945, the first atomic bomb in human history was dropped on Hiroshima.

Although, the Atomic Bomb Dome was located almost directly underneath the explosion, it somehow avoided complete destruction and the remains of the building still stand today. The site was designated as a World Heritage Site in 1996. Visit the Atomic Bomb Dome, the Cenotaph for Atomic Bomb Victims and the Hiroshima Peace Memorial Museum to gain a deeper understanding of the suffering caused by war and nuclear weapons and the true value of peace. Return to your accommodation for dinner.

Overnight: Shin-Osaka Youth Hostel













Day 11: Friday 2 August - Osaka | Hyogo

Breakfast, followed by transfers to your final fixtures of the tour.

MATCH DAY 4 vs LOCAL SCHOOL - 1 RUGBY, FOOTBALL, BASKETBALL

Post match lunch at a local restaurant before departing to Amalago Water Park.

This afternoon you will head to a **water park** where you can have hours of fun enjoying the slides and rides!

Dinner served in your accommodation this evening.

Overnight: Shin-Osaka Youth Hostel

Day 12: Saturday 3 August - Osaka | Kyoto | Osaka

This morning, after breakfast, transfer by bus to **Kyoto** where you have a full day of sightseeing. Highlights will include:

Dressing up wearing a Kimono, Kiyomizu Temple, Fushimi Inari Taisha, Nishiki Market where you can get your own lunch and Kinkakuji.

Return to your accommodation for dinner.

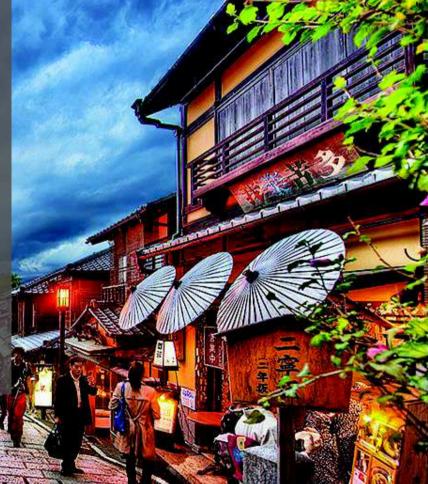
Overnight: Shin-Osaka Youth Hostel

Day 13: Sunday 4 August - Osaka | In flight

You'll have breakfast at your hostel before checking out. Transfer to Osaka Airport for your flight back to London Heathrow.

Arrive at Heathrow (**possibly overnight**), reclaim luggage, clear customs and make your own way home.

END OF TOUR ARRANGEMENTS



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