



# Bishop Wordsworth's School

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Head Master: Dr S D Smallwood BSc (Hons) PhD NPQH

26 November 2018

Dear Parents/Guardians

## PSHE Talks 2018-2019

As many of you will already be aware, we offer boys a full and varied programme of talks and workshops to support their Personal, Social and Health Education (PSHE). Each year group will attend a number of appropriate talks throughout the year and an outline programme for this year is detailed below. Parents/Guardians will receive a letter before each talk/workshop so that you are aware of the arrangements.

The PSHE events that your son will attend during the year do carry a significant cost and we usually ask for a small voluntary contribution before each workshop. This year I would be grateful if you could make one payment to cover all the talks your son will attend during the year if you feel that you are able to contribute:

Year Group	PSHE Talk	Voluntary Contribution
7	Dependency – Managing Screen Time	£2
8	Mental Health	£2
9	Dependency – Facts about Alcohol	£2
10	Dependency – Managing Screen Time Consent Mental Health	£7
11	Consent	£3
12	Dependency – Facts about Alcohol and Drugs Consent Mental Health	£7

## PAYMENT

**Online:** Via [www.scopay.com](http://www.scopay.com). If you need a link code please email [mxl@bws.wilts.sch.uk](mailto:mxl@bws.wilts.sch.uk).

**Deadline for Payment:** Thursday 6 December 2018

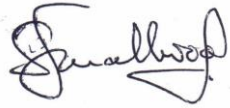
The first PSHE talks will be taking place on Friday 7 December and we have arranged for Dr Aric Sigman, a highly qualified health education specialist, to return to school and deliver a series of Dependency talks to boys in Years 7, 9, 10 and 12.

Dr Sigman is a Fellow of the Royal Society of Biology, Associate Fellow of the British Psychological Society and a Chartered Scientist awarded by the Science Council. As a health education specialist he lectures at schools and has worked on teenage health education campaigns with the Department of Health and is the author of five books on PSHE-related topics. Dr Sigman has twice been invited to address the European Parliament Working Group on the Quality of Childhood in the EU in Brussels, once on reducing alcohol misuse among children and adolescents, and again on the impact of electronic media and screen dependency.

Each selected year group will spend a double period with Dr Sigman and talks will be tailored appropriately. Year 7 and Year 10 will attend a talk on 'Managing Screen Time and Screen Dependency', Year 9 will attend a talk on 'The Facts about Alcohol' and Year 12 will attend a talk on 'The Facts about Alcohol and Drugs'.

I do hope that you will see the benefit of supporting these valuable events which are a key part of your son's PSHE programme.

Yours sincerely

A handwritten signature in black ink, appearing to read 'S D Smallwood', with a stylized flourish at the end.

S D Smallwood  
Head Master