# Experience a kaleidoscope of activity holidays and educational travel



www.rocknrolladventures.com Date:09-13/07/2018 Bishop Worsdworth's school French trip 2018 Organiser: Helen Gosse 30 Children + 4 Teachers Ferry Crossing: Portsmouth – Caen. Accommodation – La Valette RARA Host – Pierre Nicolas Coach Company – Apec International executive travel

DAY	MORNING	AFTERNOON	EVENING
Monday 09 <sup>h</sup> July 2018	0600 Pick up at Bishops Worsdworth's School 0615-0715 Drive to Portsmouth ferry port 0715 Arrive Portsmouth Ferry Port 0815 Depart Portsmouth Ref: <b>VB2639X</b>	1445 Arrive Caen 1500 – Drive to accommodation	<ul> <li>1600 onwards - Arrive at sole occupancy accommodation:</li> <li>La Valette Menil Hubert sur Orne France</li> <li>1830/1900 2 course evening Meal PN will introduce himself after dinner.</li> </ul>
Tuesday 10 <sup>th</sup> July 2018	0730 - 0800 Breakfast PN will introduce himself to the group at breakfast. 0815 - 0945 Drive to Genets 0945 - Meet our guide to Hike across the bay of MSM towards Genets 1000-1300 Hike across the bay of the MSM	1330-1400 Picnic Lunch on the MSM 1415-1515 Visit Abbey 1530-1600 Free time on MSM. 1600-1630 Transfer back to coach	1645 – 1815 Drive back to Clecy 1900 – 2 course evening meal

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Wed 11 <sup>th</sup> July 2018	0715-0745 Breakfast 0800-0845 Drive to Falaise 0900-0945 Town Trail 1000 – 1130 Falaise Castle visit	1145-1215 Lunch in the castle grounds 1230-1330 Drive to bakery 1330-1530 Bakery session 1545 – 1645 Drive back to Menil Hubert sur Orne.	1830 - 2 course evening Meal

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Thursday	0730-0800 Breakfast	1230 –1330 Picnic Lunch with	1830 – 2 course evening
12 <sup>th</sup> July	0830-0845 Drive to Conde market	ingredients brought from the market	meal.
2018	0900-1030 Conde market challenge	1330-1345 Drive to Base de Plein Air	PN to leave the group after
	1030-1045 Drive to Velo Rail	1400-1600 Kayaking	dinner.
	1100-1230 Velo rail	1615-1620 – drive back to	
		accommodation.	
Friday 13 <sup>th</sup>	0600-0620 Breakfast (or if you prefer you can take a	Packed lunch supplied by RARA	
July 2018	packed breakfast to eat on the ferry)	1345 – Arrive back in Portsmouth	
	0630 – 0730 Drive to Caen ferry port	1415-1515 Drive back to school	
	0730 – Arrive Caen ferry port	1515/30 – Arrive back at school	
	0830 – Ferry to UK		
	Ref: VB2639X		

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#### Bishops Wordsworth grammar school for boys kit list 2018

- Towel
- Ruck Sack
- Sleeping bag
- Pillow
- Water bottle
- Sun cream
- Sun hat / cap
- Sunglasses
- Elastic strap for sunglasses (if wearing them during activities)
- Trainers
- Aqua socks / booties / old trainers for kayaking
- Plastic bags just in case children bring home wet clothes (hopefully they will dry at the accommodation)
- Towel for activities (kayaking / hike across bay of Mont Saint Michel)
- Change of clothing x 2 (kayaking, hike across the bay of Mont Saint Michel),
- Swimming suit / shorts / rash vest (optional) / light sports clothes over the top for kayaking + for crossing bay of Mont Saint Michel
- Compact water proof mac / poncho