

# **Bishop Wordsworth's School**

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18 May 2017

Dear Parents/Guardians

### PENCELLI – Sunday 25 June to Friday 30 June 2017

I am writing with regards to the final payment of £130 which is due by **Friday 9 June.** This will complete your total payment of £385.

### **PAYMENT OPTIONS:**

Online: Via <u>www.scopay.com</u>. If you need a link code please email <u>amh@bws.wilts.sch.uk</u>.

I have also attached a basic personal kit list which should help you fully prepare for the trip with plenty of time still in hand. I will brief the boys in a little more detail before the half-term break in order to give as much time as possible to purchase any kit which you might need.

I would like to stress the importance of including bin liners/waterproof stuff sacks in the boy's kit. More than one of the activities will involve partial submersion in water and the centre itself has limited drying facilities. When it comes to storage of wet, smelly clothes in shared dorms these bin liners become essential, not to mention for the journey home and re-packing of luggage as a whole.

The Centre at Pencelli insures all staff and pupils for public liability and the School also has personal accident and travel insurance, which covers all pupils, a copy of which is available on the school website. If you wish to take out your own insurance you are free to do so. Please also ensure that we have <u>current</u> emergency contact information, details of any medical conditions and that your son brings all necessary medication with him. Please contact Sarah Hayward <u>sah@bws.wilts.sch.uk</u> to update your son's information.

My final correspondence will detail the travel arrangements and meet times which I will be confirming in the coming weeks.

This should cover everything for now but if you have any further queries please do not hesitate to contact me at school – the easiest way is by email: jmo@bws.wilts.sch.uk.

Yours sincerely

J M Oldham PE Department <u>jmo@bws.wilts.sch.uk</u>

## PERSONAL KIT LIST

During your stay **all technical equipment will be supplied** along with waterproof jacket and trousers, rucksack and wellies. Where needed, walking boots and fleece may be provided. As a great deal of the course will be based outdoors, there is a good chance of getting wet almost every day. You therefore need 3 to 4 complete sets of outdoor clothing at the very least. You'll also need everyday clothes for wear around the centre.

The biggest problem in the "outdoors" is keeping warm, particularly when damp or wet. Some types of material are good for this (polyester and other "synthetics") and others are poor (e.g. cotton). Therefore jeans, cotton T-shirts/rugby shirts, cotton jogging bottoms and even cotton socks should all be avoided for use on activities.

Bring the following minimum set of clothing for a 5-day course. All items will be subject to heavy wear and tear. They should be warm, comfortable and durable:

Plenty of underwear	4 light tops (T, football or other casual)
4 heavier tops (jumpers, fleeces, sweatshirts etc)	4 pairs track suit bottoms, trousers, leggings etc.
4 thick pairs of socks (for boots and wellies)	1 pair of gloves
1 woolly hat	1 pair of old trainers
1 set of swimwear	1 baseball hat*
2 Towels (1 bath-size and 1 small)	Wash-kit
Set of pyjamas	Sunglasses*
Sun cream (at least factor 20)*	Lipscreen*
2 Heavy-duty bin liners	Pocket money for snacks & souvenirs

Sunburn: Exposure to the sun's rays is inevitable in the outdoors at any time of the year. You should protect yourself from the sun to help prevent damage to your health - see items marked with \*.

#### Other kit:

 MOBILE PHONES: Although useful as a camera these are easily lost and broken, a distraction from the social aims of the course and at worst can tend to exacerbate situations when used irresponsibly. Students are therefore asked that if they bring them they are not to be taken on daily activities. Nor will their usage be tolerated during down time at the centre. I understand that they are useful to call home in the evening should anyone wish to do so but staff will not be responsible for their safekeeping at any stage of the trip. There are payphones available for student use at the Centre and Emergency Systems are in place both at Plas Pencelli.

• AEROSOLS can aggravate those with conditions such as asthma. They also trigger fire detectors when used in bedrooms. We ask that you use alternatives during your week.

• ELECTRICAL EQUIPMENT such as personal music players, electrical games etc. These (along with phones for playing music) are fine for the coach journeys but are out of synch with creating the right kind of an atmosphere for your course.

# GET THE MOST OUT OF YOUR COURSE!

The emphasis at Plas Pencelli is on developing communication and social skills using a variety of challenging situations and adventure activities. It means that there is very little free time available. Your stay is a real chance to discover the real you and learn new ways of working with other people.