Mums... ...fancy an *enjoyable* evening with your son?!

How about trying a 90 minute (easy) self-defence workshop together?

It's in the BWS Sports Hall and led by Nick Lowe of EUDO followed by a light supper and a mini quiz in the dining room...

...how much do Mums and Sons really know about each other?

A great way to help raise money with the Bishop Wordsworth's School Parents' Association

£25 mum & son inc supper A Constant of the second secon

Contact tamara@everington.net for queries *more info overleaf...*

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Dear Fellow Mum,

How many times have you thought you spend your whole life nagging your son to pick up clothes / help out a bit / generally maintain hygiene / do some work?

This evening is an opportunity to put all that boring stuff to one side and have some fun with your son. You'll both learn some self-defence skills from an expert trainer (professional judo coach) and see how much you and your son really know about each other (!) with the bonus of enjoying a supper you didn't cook yourself!

Dress is obviously casual and suitable for hands-on self defence work. We have kept the cost as low as possible to allow us to cover costs and hopefully have something over for BWSPA school support. This cost is £12.50 each.

We have space for 100 people, 50 Mums with 50 Sons, so places will be allocated on a first to pay / first to get a place basis. If we sell out we will try and arrange a second event in the summer term for anyone who misses out on a place this time round.

Many thanks for your support,	Tamara (Son, Jack in 10P)

Print...Complete...Send with payment to: Tamara Everington (BWSPA), 47 Manor Road, Salisbury, Wiltshire SP1 1JT. Cheques addressed to 'BWSPA'

Mum's name		
Son's name & class		
Mum's phone number		
Mum's email address		
Dietary requirements?		
Payment enclosed?	cheque / cash £	
If you are a UK taxpayer we could claim Gift Aid on your contribution and receive an extra 25p on every £1		
Gift Aid Declaration: YES, Please Gift Aid this contribution - I confirm that I am a UK tax payer and wish Bishop Wordsworth's School Parents' Association to claim Gift Aid on this contribution - I understand that if I pay less income tax and/or capital gains tax in the tax year than the amount of Gift Aid claimed on all of my contributions, it is my responsibility to pay any difference - This is my personal contribution and I am NOT contributing on behalf of a group, a collection or on behalf of someone else. Full name : Home Address : Postcode :		

NO, I am unable to Gift Aid this contribution or I am not a UK tax payer

You will be sent a confirmation email or text - no physical tickets will be issued

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