



# Bishop Wordsworth's School

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27 January 2017

Dear Parents/Guardians

## **BWS 2017 Ski Trip Tignes, France**

**Departure date: Saturday 8/4/17**

**Return date: Saturday 15/4/17**

I write to give you further information concerning the Ski Trip to Tignes, France. I will be holding a Parents' Meeting on Thursday 2 March at 7.30pm in the Drama Studio. You are more than welcome to attend so that final details relating to the trip can be passed on and for any questions to hopefully be answered.

I will be asking the boys for both their Passports and EHIC in order to keep them safe at school ready for their departure. I will happily take them prior to the meeting if you are unable to attend. I am required to inform you that the Key Facts document relating to the insurance policy can be found on the School Website. Please take the time to glance over the document. The insurance is very comprehensive and has served us well on previous trips. I have also attached a letter with information about ski clothing and other essentials for the trip to help with preparation.

If there are any problems arising out of the above information or any other queries, please do not hesitate to contact me at school. Otherwise I look forward to seeing you on Thursday 2 March.

Yours sincerely

L R Duckett  
Ski Party Leader

## BWS SKI TRIP TO TIGNES, FRANCE EASTER 2017

### SKI CLOTHING

Tignes is a high-altitude resort and subject to extreme weather conditions, thus we must ensure we are well protected. Outer clothing should be windproof, snow proof, padded for warmth and sealed at the extremities, i.e. cuffs, collars and ankles. For added warmth, several layers of lightweight clothing should be worn under this outer protective shell - not heavyweight bulky sweaters. The sensible skier will dress for blizzards, wind and severe cold, with vest, cotton polo-neck, plus one or two light/medium weight sweaters plus ski jacket. Extra layers under salopettes (padded ski trousers) can be provided by skins/long-johns. Boys will not be allowed to ski if they are not wearing acceptable clothing.

I recommend the following as sources for good quality items: **Surfanic.com** – excellent for technical jackets and trousers at very affordable prices. **TK Maxx** – usually offer a wide selection, sizes not guaranteed though. **Trespass** – now in town with good quality items at the lower end of the market. **Sportpursuit.com** – Flash sale website with some very big reductions on some less well known, but exceptionally good products.

<u>Basic Items</u>	-	<u>Essential Facts</u>
<b>Ski jacket, salopettes or Boarder Trousers</b>	-	Padded, sealed at extremities, snow and wind proof, zipped pockets. 10,000 Waterproof and Breathability for superior protection.
	-	Jeans or tracksuit trousers do not give adequate protection against cold, wind and snow.
<b>Hat or balaclava</b>	-	Windproof (can be covered by anorak hood) large enough to cover ears.
<b>Snood</b>	-	Very useful and versatile item of clothing to give extra protection to face.
<b>Socks</b>	-	Minimum two pairs ski socks, wool or thermal fibre, not nylon.
<b>Mitts or gloves</b>	-	Tough, waterproof, warm, sealed at wrists. Mitts are warmer and more suitable for the beginner. Woollen or thin thermal gloves to wear as an inner are a good idea.
<b>Vest or t-shirt</b>	-	Cotton, not nylon.
<b>Polo-neck</b>	-	Cotton, not nylon.
<b>Sweaters</b>	-	Light/medium weight
<b>Tights, long-johns, pyjama trousers. Canterbury or equivalent Base-layer</b>	-	Cotton or cotton mix. Excellent new products available for warmth and breathability.
<b>Goggles and sun glasses</b>	-	Important to cope with glare. Goggles – more durable, wide vision and good in all conditions. Sunglasses useful when conditions are less extreme.
<b>Sun cream and lip salve</b>	-	Skin very easily burnt by both sun and wind - lips tend to chap - high factor protection required.
<b>Ski clips</b>	-	useful for storing skis, in lifts and when carrying ( <b>Not a priority</b> )
<b>Scarf</b>		
<b>Après ski boots or similar</b>	-	Warm, snow proof footwear with a non-slip sole for walking round village in the evening is needed. ( <b>Not essential but handy</b> )

Wrist guards are advisable for snow boarding

**SKI BOOTS, SKIS POLES AND HELMETS ARE PROVIDED AS PART OF THE COST OF THE TRIP AND ARE HIRED AT THE RESORT.**