



# Bishop Wordsworth's School

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**Head Master:** Dr S D Smallwood BSc (Hons) PhD NPQH

1 November 2016

Dear Parents/Guardians

## Dependency Education Talks to Students – Monday 21 November 2016

As part of your son's PSHE programme, we have arranged for Dr Aric Sigman, a highly qualified health education specialist, to visit Bishops on Monday 21 November and talk to a number of year groups.

Dr Sigman is a Fellow of the Royal Society of Biology, Associate Fellow of the British Psychological Society and a Chartered Scientist awarded by the Science Council. As a health education specialist he lectures at schools and has worked on teenage health education campaigns with the Department of Health and is the author of five books on PSHE-related topics. Dr Sigman has twice been invited to address the European Parliament Working Group on the Quality of Childhood in the EU in Brussels, once on reducing alcohol misuse among children and adolescents, and again on the impact of electronic media and screen dependency. Discussing these areas is an essential part of your son's education and a critical part of his PSHE programme.

Each year group will spend a double period with Dr Sigman and talks will be tailored appropriately. Year 7 and Year 10 will attend a talk on 'Managing Screen Time and Screen Dependency' and Year 9 and Years 12/13 will attend a talk on 'The Facts about Alcohol'. These events do carry a significant cost so I would be grateful for a voluntary contribution of £2 if you feel that you are able to contribute.

## PAYMENT

**Online:** Via [www.scopay.com](http://www.scopay.com). If you need a link code please email [amh@bws.wilts.sch.uk](mailto:amh@bws.wilts.sch.uk).

Yours sincerely

S D Smallwood  
Head Master