

## Bishop Wordsworth's School

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Head Master: Dr S D Smallwood BSc (Hons) PhD NPQH

Dear Parent/Guardian 4 February 2016

## Duke of Edinburgh Bronze Award - Training Saturday 19 March 2016

As you are aware, Mr Paul Webb of H5 Adventure is leading the Bronze Duke of Edinburgh Award Expeditions for the school again this academic year and has planned a one day training event to be held at school. This day will be supported by myself, Mr Churchill and members of staff. H5 Adventure's aim is to make the expedition experience challenging and safe, leaving the boys with a sense of achievement as they complete their Expedition element, thus boosting their self-esteem. The topics covered will ensure that your son/ward is prepared to cope with expedition conditions.

- Route planning
- Navigation
- First aid
- Emergency procedures
- Danger identification and avoidance
- Equipment choice and procurement
- Menu planning
- Camp-craft
- Camp cooking and hygiene
- The country code and highway code
- Deciding what to take, how to pack
- Making sure backpack fits

We will start at 0830 so arrival no later than 0815. A register will be taken in the morning and afternoon, the boys will not be permitted to leave the school site at any time.

- Can you please ensure that your son/ward comes prepared and suitably dressed for an expedition, as per the attached kit list, with his DofE handbook. H5 can then check and highlight the importance of being properly dressed, especially with regards to footwear and wet weather protection, (not showerproof).
- To avoid mud being taken into classrooms can you make sure your son/ward also has a spare pair of trainers to wear whilst indoors, in a named carrier/boot bag.
- Can you also encourage him to plan and bring along something suitable to cook on a single trangia stove, plus extra food and drink to keep him going throughout the training day.

We will use the tents from our DofE shed to practice putting them up, taking down and repacking. This will be done in any weather conditions during the day. If the weather is wet we ask that each group takes a tent home to dry and air. We will provide fuel for trangias. Your son/ward will be covered by the school insurance whilst on the school site. We aim to finish at 1700.

The cost of H5 Adventure services for their support over the year is £99.00 per student. Payment to be made on-line via <a href="www.scopay.com">www.scopay.com</a>. If you need a link code please email amh@bws.wilts.sch.uk. For further information on DofE, please contact Mrs Nute on <a href="mailto:amn@bws.wilts.sch.uk">amn@bws.wilts.sch.uk</a>.

Yours sincerely

T P Gilmour DofE Bronze Leader