

TRAVEL DETAILS for Menorca 2015:

DEPARTURE - Friday 20th March 2015:

Meet at **BOAT HOUSE coach park** (next the Central car park in Salisbury) at **10.30 am**, in order to load luggage and leave on time. The coach (**Assisi**) will leave at **11.00 am**.

British Airways/ Air Nostrum: **London Heathrow to Madrid (T5) to Mahon**

Dep 20 March 2015 15:50

Arr 20 March 2015 19:20

Dep 20 March 2015 19:20

Arr 20 March 2015 21:50

Flight Numbers: IB 3177, IB 8954

We will be met at the airport by **the Menorcan families and teachers and the boys will leave with them.**

RETURN - Friday 27 March 2015:

The boys will be dropped by the families at Mahon airport.

Monarch Airlines: Mahon to London Gatwick (South Terminal)

Dep 27 March 2015 16:55

Arr 27 March 2015 18:25

Flight Number: ZB763

The coach will pick us up and take us back to the Boat House coach park. The approximate arrival time in Salisbury is **22.00**, so you can plan ahead. Your son will phone you one hour before we arrive, please be there to collect him. He will also call you if there is a delay.

CONTACT:

You can contact your son on his mobile. If you like a challenge you can also try the family's landline (int. dial code: 0034+). Here are a few useful telephone phrases:

"Hola, ¿está (...)? ¿puedo hablar con él? "Soy la madre / el padre de (...)"

Your son can explain and practise these phrases with you. Make sure he has given you the full address and number before we go! It will be on the matching form.

Mobile emergency numbers and Menorcan School Details

- **Mr Torres** (trip organiser) (00-44) **07511952718**, **BWS Reception** during school hours (01722333851) and **Mr Lloyd** outside school hours (07957 932 950)
- **IES Cap de Llevant** (school) number and e-mail are (0034) 971353582 (they may be able to speak English) and cbritish@iescapdellevant.org (Marta Hart is our Menorcan counterpart).

PROGRAMME for MENORCA 2015: 20 – 27 March

Our number-one priority is for our boys to *experience* everyday life with their exchange partners and their families first-hand. When not involved in excursions, lessons or activities organised by us, students are encouraged to join in in whatever is happening, even if it is not something they would usually do.

Going to a football match, for a meal or a walk, cooking, playing table tennis, basketball or videogames, meeting their friends, tidying up the garden, watching the news or a soap opera, cinema (warning: no subtitles!)... If you are with them and you are using Spanish, you are doing it right! Show interest in what they do; everyone likes talking about what they love. They will be pleased and you will learn lots of things!

Your exchange partners will need some time to do their homework. You may have catch-up work from BWS. Use this time to take care of that and to work on your Exchange Diary.

(Please note that this programme may be tweaked during the trip to suit our needs.)

FRIDAY 20th – Arrival and meeting the families

SATURDAY 21st – Day with the families

- Afternoon: brief meeting with all our students by the sea front

SUNDAY 22nd – Day with the families

- Some families may jointly organise a meal or get-together

MONDAY 23rd – Lessons in the school

TUESDAY 24th – Hiking and afternoon exploring the coast

- A group of Menorcan Y8 students have volunteered to be our guides!

WEDNESDAY 25th – Lessons in the school

THURSDAY 26th – Joint trip with exchange partners to the fortress ‘La Mola’

FRIDAY 27th – Activities in town and departure

- Morning: Bags to be left at the school
- Morning / Noon: Guided tour of the city and Town Trail
- 14:15: a coach will pick us up at the school and take us to the airport.

PACKING CHECKLIST for Menorca 2015

DOCUMENTS

- In a small waist purse, “bum bag” (army surplus stores sell them):
 - **PASSPORT** (it must be up to date)
 - **EHIC card** (must be up to date and essential if you want to be reimbursed for medical treatment)

You will keep both documents during our stay in Spain. Although Spanish people tend to carry their ID with them at all times, I recommend that you leave your passport at your host family’s home and carry a photocopy in your wallet instead. In this way we eliminate the risk of loss, which would mean spending the rest of the trip at the British Embassy... which is on a different island!

- **EUROS** (in a wallet)

All trips, entry fees, activities and meals in Spain are included or provided by the family who is welcoming you. You will need Euros in Spain for drinks, snacks, presents for families (try to buy something nice – avoid causing your family a chocolate overdose!) and to buy your exchange partner an ice-cream if it is warm enough! I suggest between 80 – 100€ and £30 pocket money.

FOOD

- A few snacks to keep you going at odd moments (Spanish mealtimes are very different).
- NO food or drink is provided on flights, you need to **bring lunch for the first day.**
- You will need to **buy something for dinner on the way back.**

LUGGAGE

- **Labels** on all luggage please. Put your Spanish address as well as your home address (outside and inside). There is a **very strict** limit on luggage at check in: **20** kilos is the maximum weight you are allowed in your hold luggage; you will pay a hefty extra charge if you go over it! Max size 158cm (Length + Width + Height) including handles and wheels. Leave some spare kilos/room in case you bring something extra on the way back. This does not include your hand luggage.

You can put heavy items in your hand luggage but it must weigh no more than **5kg** and they are also **very strict** with the size of the hand luggage: **56 cm** long, **40 cm** wide, **25 cm** deep. They will make you pay to check it in if it’s any bigger than that, I know it by experience!

- Security measures apply at airports. **Do not pack** ANY liquids, gels or any sharp items of any description in your hand luggage. Do bring a little **water** bottle but make sure you drink it **before** security. Liquids in your hand luggage will be confiscated and you will cause a **delay to the group.**

CLOTHES, TOILETRIES and MEDICINES

- **Clothes** – Menorca is a sunny place... but it'll still be March! Average temperatures range between 11 – 16 degrees and it will get a bit cooler in the evening. Be ready!
- Bring **toiletry** requirements: **sun block**, sun cream, sunglasses. Medicine: eg asthma inhaler, paracetamol, travel sickness pills (**in hand luggage**, take in advance), any medicines that you know we will need (make sure they are fully labelled with name and instructions).

ESSENTIAL: baseball **cap** or **sunhat** for the walks, comfortable **walking shoes**. You will **not be allowed** on the walks if you do not have the proper gear! Bring **swimming trunks** as well, in case you need them.

OTHERS

- **A couple of pens and a little notebook** for your school days and your Exchange Diary. After our return you will have one week to finalise it and hand it in in the first lesson back. More on this in Exchange Club meetings.
- **A present** for your host family, to say thank you for being so kind to host you.
- Please **do not bring expensive equipment** (videocameras, videogame consoles, netbooks, etc):
 - 1) you will be busy all the time
 - 2) the aim of the trip is for you to talk to **people**, interact and socialise and
 - 3) it might get broken or stolen: the insurance company does not pay out in cases of negligence and theft involves hours in a police station getting a statement.
- You are welcome to bring your mobile **phone** if it is usable in Spain (might have to phone your provider re: roaming), but look after it – see above. **Camera?** Do bring one, but not a super expensive one, for the same reason.
- **Insurance:** please note that our school policy does not cover dangerous sports or unsupervised swimming. I have completed a special risk assessment for the cycle ride organised by the school.
- **Conditions of behaviour:** Boys, we are always very proud and impressed by our students' behaviour, and we would be very embarrassed to have to send anyone home. If there was serious misconduct, you would fly back home immediately, at your parents' expense. Needless to say that this has never yet been necessary. You all know how to be a good and polite guest. Remember that you are an ambassador for your family, school and country.

Finally...

Why are you going on the Exchange? The last, and most important thing to remember is that we are going to Spain to LEARN. As enjoyable as it will be, it is not a holiday. You will learn about Spanish life and culture in a way you would never be able to with a textbook. You will get to know and form real friendships with Spanish people, hopefully lasting ones. Be open- minded and you will get a huge amount out of it, and do not underestimate what you do before the trip: the more you get to know your host family IN ADVANCE, the better your experience will be.