

Bishop Wordsworth's School

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9 November 2019

Dear Parents/Guardians

PSHE Talks 2019-2020

As many of you will already be aware, we offer boys a full and varied programme of talks and workshops to support their Personal, Social and Health Education (PSHE). Year groups will attend a number of appropriate talks throughout the year and an outline programme is detailed below. Parents/Guardians will receive a letter before each talk/workshop so that you are aware of the arrangements.

The PSHE events that your son will attend during the year do carry a significant cost and I would be grateful if you could make one payment to cover all the talks your son will attend during the year if you feel that you are able to contribute:

Year Group	PSHE Event	Voluntary Contribution
7	 Anti-Bullying – Production of 'Hope' 	£4
	 Dependency – Managing Screen Time 	
8	 Anti-Bullying – Production of 'Hope' 	£4
	 Preventing mental health problems 	
	 Mental Health Talk (contribution not included) 	
9	 Dependency – Facts about Alcohol 	£5
	Drugs Education Talk	
10	 Dependency – Soft Drugs, Cannabis, Vaping, 	£5
	Ecstasy	
	Drugs Education Talk	
12	 Dependency – Soft Drugs, Cannabis, Vaping, 	£7
	Ecstasy	
	Dependency – Alcohol	
	 Drugs Education Talk 	
	 Mental Health Talk (new Year 12 students – 	
	contribution not included)	
13	Drugs Education Talk	£3

Dick Moore will be visiting BWS again in July 2020 to deliver his Mental Health talks. Year 8 and students who joined Year 12 in September are scheduled to meet him but there may also be an opportunity for boys in other year groups to attend if you feel that hearing Dick Moore speak again would be beneficial for your son. The voluntary contribution for this talk has not been included in the above schedule and further details about this talk will be issued next year.

The school nurse will also deliver a talk to Year 9 in July 2020 regarding sexual health and contraception and further details will also be issued by the Middle School Office next year.

PAYMENTS:

To pay please visit the BWS website and click the link for the WisePay finance portal or alternatively follow the WisePay link shown below. If you have any issues accessing WisePay please email <u>Trips@bws.wilts.sch.uk</u>

WisePay:- https://www.wisepay.co.uk/store/generic/template.asp?ACT=nav&mID=310816

Two PSHE events will be taking place this term. We have arranged with Anti-Bullying UK for the Take Away Theatre Company to visit to perform their production of 'Hope' to Years 7 and 8. They will be visiting on Wednesday 13 November and Year 7 will see the production during periods 1 and 2 and Year 8 will be with them during periods 3 and 4.

We have also arranged for Dr Aric Sigman, a highly qualified health education specialist, to return to school and deliver a series of Dependency talks to boys in Years 7, 9, 10 and 12 on Tuesday 3 December.

Dr Sigman is a Fellow of the Royal Society of Biology, Associate Fellow of the British Psychological Society and a Chartered Scientist awarded by the Science Council. As a health education specialist he lectures at schools and has worked on teenage health education campaigns with the Department of Health and is the author of five books on PSHE-related topics. Dr Sigman has twice been invited to address the European Parliament Working Group on the Quality of Childhood in the EU in Brussels, once on reducing alcohol misuse among children and adolescents, and again on the impact of electronic media and screen dependency.

Each selected year group will spend a double period with Dr Sigman and talks will be tailored appropriately. Year 7 will attend a talk on 'Managing Screen Time and Screen Dependency', Years 9 will attend a talk on 'The Facts about Alcohol' and Year 10 and Year 12 will attend a talk on 'The Facts about soft drugs, cannabis, vaping and ecstasy'.

Dr Sigman will be returning to visit us again on Wednesday 29 January when he will talk to Year 8 about preventing mental health problems and will deliver his dependency talk on Alcohol to Year 12. Further details about these talks will be issued in early January.

I do hope that you will see the benefit of supporting these valuable events which are a key part of your son's PSHE programme. If you have any queries about your son attending any of these talks, please contact the relevant school office.

Yours sincerely

S D Smallwood Head Master